

May 2017

Airman and Family Readiness Center

"Preparing Today for Tomorrow's Challenges"

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3 Pre-Preparation Counseling 0900-1100 (TAP-AFSF) Resume Writing "Private Sector" 1330-1430 (EA-FSB)	4 Right Start 0750-1230 (RA-AFSF) Smart Money Management 1000-1100 (PFRC-FSB)	5 Heart Link 0800-1430 (P&WL-FSB) Blended Retirement System Workshop 1300-1400 (PFRC-FSB) BRS Q&A 1400-1500 (PFRC-FSB)	6
7	8 Right Exit Program 0900-1130	9	10 Resume Writing "Private Sector" 1000-1100 (EA-FSB)	11 Savvy Travel with Kids in Tow 0900-1000 (P&WL-FSB)	12 Blended Retirement System Workshop 1300-1400 (PFRC-FSB) BRS Q&A 1400-1500 (PFRC-FSB)	13
TAP Workshop 0800-1630 (TAP - AFSF)						
14	15	16 BRS Q&A 0800-0900 (PFRC-FSB)	17 Baby & You 0800-1600 (AFAS-AFSF) Interviewing Techniques 1000-1100 (EA-FSB)	18 myTSP 1000-1100 (PFRC-FSB) A.S.M.I.L.E. 1300-1400 (SLO-AFSF)	19	20
21	22	23 BRS Q&A 0800-0900 (PFRC-FSB)	24 Resume Writing "Private Sector" 1000-1100 (EA-FSB)	25 Payday Loans... Get the Facts! 1100-1200 (EA-FSB)	26	27
28	29	30	31 Creating a Positive Work Environment 1000-1100 (P&WL-FSB)			



# MAY CALENDAR

Director, Family Support Center  
Joe Missildine

Family Support Supervisor  
Fran Jackson

### Family Support Branch 953-2353

Administrative Clerk - Linda McAndrews  
Personal Financial Readiness - Fran Jackson  
Employment Assistance - Kevin Myers  
Volunteer Resources - Ruben Aguilar  
Personal & Work Life - Sonya Stallworth  
Personal & Family Readiness - Jeff Bouie  
Information, Referral & Follow-Up - Kristen Henry  
Personal Financial Counselor - Rebecca Hackett

### Airman & Family Services Flight

Transition Assistant Specialist - Loren Rains  
Transition Assistant Specialist - Tyesha Stiff  
Relocation Assistance - Lela Brown  
School Liaison/EFMP-FS - Randy Stokes  
Casualty Assistance & Survivor Benefits Representative - Mark Goodvine  
Air Force Aid Society - Lela Brown, Loren Rains



**Abbreviations**

(FSB) - For more information or to pre-register contact Family Support Branch at 953-2353 • (AFSF) - For more information or to pre-register contact Airman and Family Services Flight at 953-2353 • (FA) - For more information and to pre-register contact Family Advocacy at 953-5022  
(CAR) - Casualty Assistance Representative • (EFMP-FS) - Exceptional Family Member Program-Family Support • (CDC) - Child Development Center • (TAP) - Transition Assistance Program • (PFR) - Personal Financial Readiness • (P&WL) - Personal & Work Life • (FR) - Family Readiness  
(RA) - Relocation Assistance • (AFAS) - Air Force Aid Society • (SLO) - School Liaison Office • (EA) - Employment Assistance • (I&R) - Information & Referral • (VR) - Volunteer Resources • (SA/YP) - School Age & Youth Programs

Call for more information or to set up a one-on-one appointment.

## **CLASSES**

### **Pre-Separation Counseling**

**3 May 2017, 0900-1100 (TAP-AFSF)**

Mandated by law for all separating (1 year prior) or retiring (2 years prior) service members to ensure personnel are aware of benefits/entitlements available to them. Start by initiating your Pre-separation Counseling Checklist for separating (1 year prior) or retiring (2 years prior) service members at [www.dodtap.mil](http://www.dodtap.mil) and then call 953-2353 to register for upcoming classes. Call to register.

### **Resume Writing “Private Sector”**

**3 May 2017, 1330 – 1430 (EA-FSB)**

This work shop will cover the private sector resume and help you develop the best resume to get that needed interview. This workshop will provide information for inexperienced resume writers. Register by 2 May.

### **Right Start**

**4 May 2017, 0750-1230 (RA-AFSF)**

One day orientation for base newcomers. The orientation is opened by the Wing Commander. Newcomers receive mandatory base briefings and in-process in the clinic. Members must sign up in advance through the MPF.

### **Smart Money Management**

**4 May 2017, 1000-1100 (PFRC – FSB)**

Want to get Money Smart? Attend this class and you will learn basic money management to include: developing a spending plan, ways to eliminate debt, investing, and avoiding identity theft. Register by 3 May.

### **Heart Link**

**5 May 2017, 0800-1430 (P&WL-FSB)**

Newly married or just interested in learning more about the Air Force Life? This class is for you! You will be given information about community resources, Tricare, deployments, and more. Knowledge is power and after attending this class you will be better prepared today for Tomorrow’s Challenges. Lunch will be provided. Please register for childcare by Friday, 21 April. Attendees not requiring childcare need to register by Friday, 28 April. For more information, please call 953-2353.

### **Blended Retirement System Workshop**

**5 May 2017, 1300-1400 (PFRC-FSB)**

Are you eligible to Opt In the new Blended Retirement System? Come learn about the new plan so that you can be more informed when time to make your decision in 2018. This workshop is a BRS overview and is not the mandatory opt in training administered through JKO or ADLS. Location: Maxwell, A&FRC. Register by 4 May.

### **Blended Retirement System Q&A**

**5 May 2017, 1400-1500 (PFRC-FSB)**

Do you have questions about the Blended Retirement System? Such as, how does the TSP figure into the new Retirement System or what is continuation pay? Come have your questions answered at the weekly BRS Q&A Sessions. Location: Maxwell, A&FRC.

### **Right Exit Program**

**8 May 2017, 0900-1130**

Are you prepared to relocate? The Airman & Family Readiness Center has a program that can help. Right Exit will be held on 8 May from 0900 to 1130 at the A&FRC, Building 903. Right Exit provides helpful information for anyone in PCS status. Topics will include: Finance, Medical, Legal, First Sergeant, Key Spouse, TMO, and Personnel. Spouses are encouraged to attend. Register by 3 May.

### **TAP Workshop**

**8-12, May 2017, 0800 - 1630 (TAP-AFSF)**

Transition Assistance will offer this 5-day workshop on 8 May through 12 May from 0800 to 1630 each day. A 5-day program designed to prepare military members and families for their transition from military to civilian life. Workshop includes information on job search techniques, resume writing, interviewing skills, financial assessment and a full VA benefits briefing. Pre-separation counseling required prior to registration. Start by initiating your Pre-separation Counseling Checklist for separating (1 year prior) or retiring (2 years prior) service members at [www.dodtap.mil](http://www.dodtap.mil) and then call 953-2353 to register for upcoming classes. To register and for more information, call 953-2353.

### **Resume Writing “Private Sector”**

**10 May 2017, 1000 – 1100 (EA-FSB)**

This work shop will cover the private sector resume and help you develop the best resume to get that needed interview. This workshop will provide information for inexperienced resume writers. Register by 9 May.

### **Savvy Travel with Kids in Tow**

**11 May 2017, 0900-1000 (P&WL-FSB)**

Do the words “road trip make you shudder? Traveling with kids in tow can be challenging. Attend this class and find the ticket to becoming a “savvy traveler”. Registration ends 10 May.

### **Blended Retirement System Workshop**

**12 May 2017, 1300-1400 (PFRC-FSB)**

Are you eligible to Opt In the new Blended Retirement System? Come learn about the new plan so that you can be more informed when timeto make your decision in 2018. This workshop is a BRS overview and is not the mandatory opt in training administered through JKO or ADLS. Location: Gunter, SNCO Library. Register by 11 May.

### **Blended Retirement System Q&A**

**12 May 2017, 1400-1500 (PFRC-FSB)**

Do you have questions about the Blended Retirement System? Such as, how does the TSP figure into the new Retirement System or what is continuation pay? Come have your questions answered at the weekly BRS Q&A Sessions. Location: Gunter, SNCO Library.

### **Blended Retirement System Q&A**

**16 May 2017, 0800-0900 (PFRC-FSB)**

Do you have questions about the Blended Retirement System? Such as, how does the TSP figure into the new Retirement System or what is continuation pay? Come have your questions answered at the weekly BRS Q&A Sessions. Location: Maxwell, A&FRC.

### **Baby & You**

**17 May 2017, 0800-1600 (AFAS – AFSF)**

This program provides an incentive for Active Duty members and their spouses to attend the Family Advocacy Nurse Specialists (FANS) class for new babies. Please call Nurse Hill at 953-5055 to register. Register by 12 May.

### **Interviewing Techniques**

**17 May 2017, 1000 – 1100 (EA-FSB)**

This class will help you understand the skills needed to be successful and confident in your next interview. Register by 16 May.

### **myTSP**

**18 May 2017, 1000-1100 (PFRC-FSB)**

The new Blended Retirement Systems requires members to enroll in TSP. Attend this class and learn about the Ins and Outs of TSP. Learn how to make TSP work for you: setting up the account, investment options, withdrawal rules, and much more! Register by 17 May.

### **A Smooth Move in the Learning Environment (SMILE)**

**18 May 2017, 1300 – 1400 (SLO-AFSF)**

School Liaison Officer will offer this class on 18 May from 1300 to 1400. A monthly briefing held to inform PCSing military families about the schools in their assigned area and discuss the new school checklist, transitioning tips, schools in the surrounding communities and more. Register by 17 May.

### **Blended Retirement System Q&A**

**23 May 2017, 0800-0900 (PFRC-FSB)**

Do you have questions about the Blended Retirement System? Such as, how does the TSP figure into the new Retirement System or what is continuation pay? Come have your questions answered at the weekly BRS Q&A Sessions. Location: Gunter, Building 421.

### **Resume Writing “Private Sector”**

**24 May 2017, 1000 – 1100 (EA-FSB)**

This work shop will cover the private sector resume and help you develop the best resume to get that needed interview. This workshop will provide information for inexperienced resume writers. Register by 23 May.

### **Payday Loans...Get the Facts!**

**25 May 2017, 1100-1200 (PFRC – FSB)**

If you need quick cash, don’t use payday loans. This workshop unveils how these loans are designed to keep you in debt paying exorbitant amounts in interest payments. Also, discover different resources members have available in lieu of using these loans. Location: Gunter Annex, Bldg 421. Register by 24 May.

### **Creating A Positive Work Environment**

**31 May 2017, 1000-1100 (P&WL-FSB)**

Would you like for your office to be free of conflict and improved communication while feeling the sense of teamwork? You can be the key to making this happen. Join us for this class to learn ways to be proactive in your work setting and to initiate the change you want to see. Registration ends 30 May.

## **ONGOING**

### **Moving Off Base (PFR – FSB)**

Looking to rent or own a new place? Attend this required class for all airmen living in the dorms considering moving off base. Find out what to look for in a lease, how to create a budget and realistic spending plan and much more! Move on over to this class before moving off base. By appointment only.

### **Volunteer Resources (FSB)**

The mission of Volunteer Resources is to recruit, train, and recognize our outstanding volunteers. If you are in need of volunteers or looking to volunteer, please visit the website: [www.maxwell.af.mil](http://www.maxwell.af.mil) for a current list of volunteer opportunities, or contact the Volunteer Resource Coordinator for more information on the program at 953-2353.

### **PCSing (RA – AFSF)**

The relocation program offers move counseling to military and civilians. Additionally, up-to-date information on all DoD installations and State Department locations can be found on the Military HomeFront website: <http://www.militaryonesource.mil>.

### **Personal Financial Counselor (PFC)**

The A&FRC has a new Personal Financial Counselor (PFC). The mission of the Personal Financial Counselor is to help military members and their families with reaching their financial goals primarily in regards to the new Blended Retirement System (BRS) and Transition (Relocation and/or Separation) related questions. The PFC is available to meet on or off base. To set up an appointment, please call Rebecca Hackett at (334) 618-6991.

### **Personal and Work Life Consultant (FSB)**

The Personal and Work Life Consultant promotes resiliency and helps families meet challenges throughout the military family life cycle. The Personal and Work Life program is designed to enhance the customer’s awareness and skills managing their daily lives by offering one-on-one consultations and life education classes. For more information, please call 953-2353.

### **Military and Family Life Consultant (MFLC)**

The Military and Family Life Consultant, or MFLC, Program provides non-medical, short term, situational, problem solving counseling services. The MFLC Program addresses issues that occur across the military lifestyle and helps Service Members and their families cope with normal reactions to the stress and life situations. To meet with the Adult MFLC on Maxwell please call 334-202-6814. To meet with the Adult MFLC on Gunter, please call 334-313-8828. To meet with the Child MFLC on Maxwell, please call 334-202-6372, Gunter please call 334-531-8170 or MEMS MFLC, please call 334-531-8197.

### **Family Readiness (FR)**

The mission of the Family Readiness Coordinator is to assist service members and their families in managing the challenges of deployments and separations before, during and upon reintegration. Pre-deployment and Post-Deployment briefings are conducted to provide information concerning programs and services available to deployed service members and their families. Post-Deployment Briefings are held every Tuesday at 1500 at the A&FRC. Spouse/guardians are encouraged to attend. For more information, please call 953-2353.