

July 2017

Airman and Family Readiness Center

"Preparing Today for Tomorrow's Challenges"



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
			Pre-Separation Counseling 0900-1100 (TAP-AFSF)	Right Start 0750-1230 (RA-AFSF) Interviewing Techniques 1000-1100 (EA-FSB)	Blended Retirement System Workshop 1300-1400 (PFRC-FSB) BRS Q&A 1400-1500 (PFRC-FSB)	
9	10	11	12	13	14	15
	Resume Writing "Private Sector" 1000-1100 (EA-FSB)	Single Parenting: Coping with Loneliness 1130-1230 (P&WL-FSB)		myTSP 1000-1100 (PFRC-FSB)		
TAP Workshop 0800-1630 (TAP - AFSF)						
16	17	18	19	20	21	22
			Baby & You 0800-1600 (AFAS-AFSF) Resume Writing "Private Sector" 1000-1100 (EA-FSB)	A S.M.I.L.E. 1300-1400 (SLO-AFSF) Latch Key 1700-1800 (I&R-FSB)		
23	24	25	26	27	28	29
	Senior TAP 0800-1630 (TAP-AFRF)	Senior TAP 0800-1630 (TAP-AFRF) BRS Q&A 0800-0900 (PFRC-FSB)	Senior TAP 0800-1630 (TAP-AFRF)	Senior TAP 0800-1630 (TAP-AFRF)	Senior TAP 0800-1630 (TAP-AFRF)	
30	31		Resume Writing "Private Sector" 1000-1100 (EA-FSB)	Wheels U Want 1000-1100 (PFRC-FSB)		
		Saying Goodbye: Surviving a Loss 0900-1000 (P&WL-FSB)				

JULY CALENDAR

Director, Family Support Center
Joe Missildine

Family Support Supervisor
Fran Jackson

Family Support Branch 953-2353

Administrative Clerk - Linda McAndrews
 Personal Financial Readiness - Fran Jackson
 Employment Assistance - Kevin Myers
 Volunteer Resources - Ruben Aguilar
 Personal & Work Life - Sonya Stallworth
 Personal & Family Readiness - Jeff Bouie
 Information, Referral & Follow-Up - Ruben Aguilar
 Personal Financial Counselor - Rebecca Hackett

Airman & Family Services Flight

Transition Assistant Specialist - Loren Rains
 Transition Assistant Specialist - Tyesha Stiff
 Relocation Assistance - Lela Brown
 School Liaison/EFMP-FS - Randy Stokes
 Casualty Assistance & Survivor Benefits Representative - Mark Goodvine
 Air Force Aid Society - Lela Brown, Loren Rains



Abbreviations

(FSB) - For more information or to pre-register contact Family Support Branch at 953-2353 • (AFSF) - For more information or to pre-register contact Airman and Family Services Flight at 953-2353 • (FA) - For more information and to pre-register contact Family Advocacy at 953-5022
 (CAR) - Casualty Assistance Representative • (EFMP-FS) - Exceptional Family Member Program-Family Support • (CDC) - Child Development Center • (TAP) - Transition Assistance Program • (PFR) - Personal Financial Readiness • (P&WL) - Personal & Work Life • (FR) - Family Readiness
 (RA) - Relocation Assistance • (AFAS) - Air Force Aid Society • (SLO) - School Liaison Office • (EA) - Employment Assistance • (I&R) - Information & Referral • (VR) - Volunteer Resources • (SA/YP) - School Age & Youth Programs

Call for more information or to set up a one-on-one appointment.

55 South Mitchell Street, Building 677
Maxwell AFB, AL 36112

CLASSES

Pre-Separation Counseling

5 July 2017, 0900-1100 (TAP-AFSF)

Mandated by law for all separating (1 year prior) or retiring (2 years prior) service members to ensure personnel are aware of benefits/entitlements available to them. Start by initiating your Pre-separation Counseling Checklist for separating (1 year prior) or retiring (2 years prior) service members at www.dodtap.mil and then call 953-2353 to register for upcoming classes. Register by 3 July.

Interviewing Techniques

6 July 2017, 1000 – 1100 (EA-FSB)

This class will help you understand the skills needed to be successful and confident in your next interview. Register by 5 July.

Right Start

6 July 2017, 0750-1230 (RA-AFSF)

One day orientation for base newcomers. The orientation is opened by the Wing Commander. Newcomers receive mandatory base briefings and in-process in the clinic. Members must sign up in advance through the MPF.

Blended Retirement System Workshop

7 July 2017, 1300-1400 (PFRC-FSB)

Are you eligible to Opt In the new Blended Retirement System? Come learn about the new plan so that you can be more informed when time to make your decision in 2018. This workshop is a BRS overview and is not the Mandatory Opt In Training administered through JKO. Location: Maxwell AFB, A&FRC. Register by 6 July.

Blended Retirement System Q&A Sessions

7 July 2017, 1400-1500 (PFRC-FSB)

Do you have questions about the Blended Retirement System? Such as, how does the TSP figure into the new Retirement System or what is continuation pay? Come have your questions answered at the weekly BRS Q&A Sessions. Location: Maxwell AFB, A&FRC.

TAP Workshop

10-14, July 2017, 0800 - 1630 (TAP-AFSF)

Transition Assistance will offer this 5-day workshop on 10 July through 14 July from 0800 to 1630 each day. A 5-day program designed to prepare military members and families for their transition from military to civilian life. Workshop includes information on job search techniques, resume writing, interviewing skills, financial assessment and a full VA benefits briefing. Pre-separation counseling required prior to registration. Start by initiating your Pre-separation Counseling Checklist for separating (1 year prior) or retiring (2 years prior) service members at www.dodtap.mil and then call 953-2353 to register for upcoming classes.

Resume Writing “Private Sector”

10 July 2017, 1000 – 1100 (EA-FSB)

This work shop will cover the private sector resume and help you develop the best resume to get that needed interview. This workshop will provide information for inexperienced resume writers. Register by 9 July.

Single Parenting: Coping with Loneliness

11 July 2017, 1130-1230 (P&WL-FSB)

Being a single parent can create opportunities. You can increase your social life and explore different interests. Attend this class to change your thinking and perception and understand the positive aspects of being single. Registration ends 10 July.

myTSP

13 July 2017, 1000-1100 (PFRC-FSB)

The new Blended Retirement Systems requires members to enroll in TSP. Attend this class and learn about the Ins and Outs of TSP. Learn how to make TSP work for you: setting up the account, investment options, withdrawal rules, and much more! Location: Maxwell AFB, A&FRC. Register by 12 July.

Baby & You

19 July 2017, 0800-1600 (AFAS – AFSF)

This program provides an incentive for Active Duty members and their spouses to attend the Family Advocacy Nurse Specialists (FANS) class for new babies. Please call Nurse Hill at 953-5055 to register. Register by 17 July.

Resume Writing “Private Sector”

19 July 2017, 1000 – 1100 (EA-FSB)

This work shop will cover the private sector resume and help you develop the best resume to get that needed interview. This workshop will provide information for inexperienced resume writers. Register by 18 July.

A Smooth Move in the Learning Environment (SMILE)

20 July 2017, 1300 – 1400 (SLO-AFSF)

School Liaison Officer will offer this class on 20 July from 1300 to 1400. A monthly briefing held to inform PCSing military families about the schools in their assigned area and discuss the new school checklist, transitioning tips, schools in the surrounding communities and more. Register by 19 July.

Latch Key Program

20 July 2017, 1700-1800 (I&R-FSB)

The Latch Key program is for children ages 10-12 who spend time alone at home before or after school and during the summer months. Our goal is to give your children the skills they need to feel more confident about taking care of themselves. This class is for military children in the Maxwell-Gunter Community. The class will be held at the Airman & Family Readiness Center, Building 677. Please register by 19 July.

Senior Transition Assistance Program Seminar

24-28 July 2017, 0800 - 1630 (TAP-AFRF)

Transition Assistance will offer this seminar 24-28 of July from 0800 to 1630 each day. Senior TAP is for officers in the grade of O-5 and above and E-9's. The Senior TAP is designed to empower senior officers and senior enlisted retiring from the Air Force with their transition into the

civilian corporate world. Pre-separation counseling required prior to registration. Start by initiating your Pre-separation Counseling Checklist for separating (1 year prior) or retiring (2 years prior) service members at www.dodtap.mil and then call 953-2353 to register for upcoming classes.

Blended Retirement System Q&A Sessions

25 July 2017, 0800-0900 (PFRC-FSB)

Do you have questions about the Blended Retirement System? Such as, how does the TSP figure into the new Retirement System or what is continuation pay? Come have your questions answered at the weekly BRS Q&A Sessions. Location: Gunter Annex, Building 421.

Saying Goodbye: Surviving a Loss

25 July 2017, 0900-1000 (P&WL-FSB)

There is no perfect or right or correct way to process a loss. Each person's experience, like each grief experience will be unique. Attend this class to learn about grief and mourning. Registration ends 24 July.

Resume Writing “Private Sector”

26 July 2017, 1000 – 1100 (EA-FSB)

This work shop will cover the private sector resume and help you develop the best resume to get that needed interview. This workshop will provide information for inexperienced resume writers. Register by 25 July.

Wheels U Want

27 July 2017, 1000-1100 (PFRC-FSB)

Are you in the market for a new or used car? This work shop gives you an edge when it comes to the car buying process. Location: Maxwell AFB, A&FRC Register by 26 July.

ONGOING

Moving Off Base (PFR – FSB)

Looking to rent or own a new place? Attend this required class for all airmen living in the dorms considering moving off base. Find out what to look for in a lease, how to create a budget and realistic spending plan and much more! Move on over to this class before moving off base. By appointment only.

Volunteer Resources (FSB)

The mission of Volunteer Resources is to recruit, train, and recognize our outstanding volunteers. If you are in need of volunteers or looking to volunteer, please visit the website: www.maxwell.af.mil for a current list of volunteer opportunities, or contact the Volunteer Resource Coordinator for more information on the program at 953-2353.

PCSing (RA – AFSF)

The relocation program offers move counseling to military and civilians. Additionally, up-to-date information on all DoD installations and State Department locations can be found on the Military HomeFront website: <http://www.militaryonesource.mil>.

Personal Financial Counselor (PFC)

The A&FRC has a new Personal Financial Counselor (PFC). The mission of the Personal Financial Counselor is to help military members and their families with reaching their financial goals primarily in regards to the new Blended Retirement System (BRS) and Transition (Relocation and/or Separation) related questions. The PFC is available to meet on or off base. To set up an appointment, please call Rebecca Hackett at (334) 618-6991.

Personal and Work Life Consultant (FSB)

The Personal and Work Life Consultant promotes resiliency and helps families meet challenges throughout the military family life cycle. The Personal and Work Life program is designed to enhance the customer's awareness and skills managing their daily lives by offering one-on-one consultations and life education classes. For more information, please call 953-2353.

Military and Family Life Consultant (MFLC)

The Military and Family Life Consultant, or MFLC, Program provides non-medical, short term, situational, problem solving counseling services. The MFLC Program addresses issues that occur across the military lifestyle and helps Service Members and their families cope with normal reactions to the stress and life situations. To meet with the Adult MFLC on Maxwell please call 334-441-5328. To meet with the Adult MFLC on Gunter, please call 334-441-9368. To meet with the Child MFLC on Maxwell, please call 334-202-6372, Gunter please call 334-531-8170 or MEMS MFLC, please call 334-531-8197.

Family Readiness (FR)

The mission of the Family Readiness Coordinator is to assist service members and their families in managing the challenges of deployments and separations before, during and upon reintegration. Pre-deployment and Post-Deployment briefings are conducted to provide information concerning programs and services available to deployed service members and their families. Post-Deployment Briefings are held every Tuesday at 1500 at the A&FRC. Spouse/guardians are encouraged to attend. For more information, please call 953-2353.